



How God Saved My Son; Heydi Moreno Shares Her Story



When my son Ángel was about a year and a half, we noticed that he was starting to look very sick. His skin was scaly and swollen, his hair was faded and thin, and his eyes were sunken with severe malnutrition and anemia. One of the leaders in my community contacted Healthy Ninos' Nutritional Center for assistance.

At the Nutrition Center, Ángel was treated by the doctor, and the staff took very good care of us. As the days went by, I learned many things; the teacher, Keila, was wonderful to learn from. She and Felix would have devotionals with us every morning to discuss and delight in the Word of God. **I think that's one of the things I liked most, was feeling God's presence there with me.** We would pray and sing, and afterwards, they would talk to us and teach us about the causes of malnutrition, how to maintain healthy hygiene habits, and how to make our own gardens and keep animals at home. The cook, Marina, was very supportive in teaching me which foods to feed my children to help grow happy and healthy, such as cheese, eggs, and beans. **You don't necessarily need to have a lot of money to eat nutrient rich and healthy food!**

Rosa was also very helpful, since she was in charge of tracking the development of our babies. She kept a close eye on their heights and weights. She was around to help if they felt sick, and she was always there for us, no matter what time it was. Everyone took such good care of us! Ángel's recovery was not easy at all; **he suffered for a long time, but thanks to all of you, he is still here with me today.** It is a miracle from God, and I honestly don't have the words to describe how grateful I am.

This whole experience made a radical change in the life of my Ángel. He is no longer malnourished, but has recovered completely. He is now handsome and playful, his appetite has returned, and the swelling is gone. **Through Healthy Ninos' Nutrition Center, my son was saved, and I am so infinitely thankful for your organization. Because of your support, your dedication, and your ministry, our families are happy, healthy and whole.**

Heydi Moreno and her children stayed with us for almost a year in 2016, and are now living in Guatemala.

With your support, we can continue to transform the lives of many more families in Honduras, just like this one.



*Pictured Above: Heydi and Ángel when they first came to the Center.
Pictured Right: Ángel from a few weeks ago, happy and fully recovered.*

Having Faith Like a Child: A Reflection of a Recent Mission Trip by Amanda Sagastume



Our family had the opportunity to go to Honduras this past August, and while the trip wasn't perfect, we are so grateful we went. **The ways we saw God move in the ministry inspired and encouraged us in amazing ways.**

Over the course of preparing for this trip, there were lots of challenges and trials. My trust in God wavered at times, and at one point we even considered cancelling the trip! But every time, **God worked everything out**, and we made it safely to Honduras to serve and show the love of Jesus. It still was not easy due to the heat and intensity of the work, but over and over again, I was reminded of why we were there and how important our work was. **However, there was one day that truly touched me.**

At one of the villages, I was helping in vitals and a pregnant woman came to my table. I looked her up on the computer and to my shock, **she was only 15 years old**. I instantly judged her, thinking to myself that she had no idea what she was doing having a child at such a young age. But despite that, we talked for a little bit, and through our whole conversation, **she had the biggest smile of pure joy on her face.**

After our medical stations ended for the day, we were told we could visit a house where our team had cemented one of the floors. We walked up the road to a small path that went behind a house and up a little hill with very steep steps. We were told to be very careful because they were slippery.

At the top of the hill, I saw the same pregnant girl from earlier, along with her 18 year old husband. We talked with them a bit and asked about their lives. They told us how her mother gave them this small plot of land where they had started building their house. They shared about the pigs and other animals their family shared for food, and about their small garden. **As they talked, you could just sense their excitement and pride.**



Someone in our group asked if they wanted to say anything to us, and she said without hesitation: **"Thank you for coming. I'm so glad that we won't have to be as worried about having snakes coming into our home and bed as easily anymore."** I started crying as I translated. I couldn't imagine having to fear snakes in my bed!

We got ready to say good-bye to the girl and her husband, but the girl decided to share one more story. **She shared how she had been praying for a long time, and she heard God tell her that a blessing was coming.** Not long after that, she found out that she was pregnant, and thinking that this was the blessing, she praised God for her child.

Then, a few months later, she heard God tell her that the blessing was still coming. **Not long after that, their Pastor came to them, told them about our team, and asked if they would want to have a cement floor. She knew immediately that this was the blessing, and she was so grateful for what our team had done.**

Again in tears, I couldn't finish translating for the team this time.

I just couldn't believe the fact that this girl was only 15, had no luxuries in life, and yet had such a powerful trust in God. My two oldest children are around the same ages of this couple and we're talking with them about future work and maybe college, all in hopes and dreams for the future. This young girl is talking about the blessing of a new cement floor, and yet she doesn't have a single item for her baby that will be born in 2 months. **I could definitely stand to learn a thing or two from her!**



No matter how many times I've been to Honduras, each trip is always eye-opening and life-breathing. A mission trip takes a team, and although not everyone desires to go on a mission trip, **there many other ways people can be a part of our team.** Maybe it's donating funds so that we can provide the cement floors, water filtration systems, and medicines. Maybe it's praying that we don't get sick so we can serve fully and travel safely each day. Maybe it's volunteering to collect donations, pack the container, or run fundraisers.

Or maybe it is joining a team for a trip. **Whatever ways you help, you are being the hands and feet of Jesus.**

But trust me when I say that you aren't the only one benefiting from the time spent in service.

While reflecting on the recent trip, I realized that the girl in that village helped me just as much or maybe even more than I helped her. She reminded me of the importance of trusting God and that He will provide, even in the most difficult times.



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A Month at the Center for a Child - \$120

A New Concrete Floor - \$250

***Check Out Our Website for
More Information!***

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