



A Continuation of the work of MAMA Project in Honduras.

A Word from Dr. Herman about HNH's Work in Honduras

Honduras is the 2nd poorest country in Latin America with an estimated population of 9.75 million (2019). According to the Archives of Medicine (2017) 9 out of 10 people aren't covered by any kind of health insurance and more than 1.5 million don't have access to health services. The hospitals and health clinics are deficient; some clinic buildings date from the last century. The public health service in Honduras has 9.5 beds available for every 10,000 inhabitants.

Even though all of this makes receiving good healthcare in Honduras difficult, the government corruption and political crisis that has existed over the last 2 decades makes the situation worse. This affects the country's poorest population the most. According to the World Food Program and CDC, 67.5% of the population in the rural areas of the county live in poverty and 1 in 4 children suffer chronic malnutrition. Chronic malnutrition in some areas of Honduras is high as 48.5%.

What is the role of Healthy Niños Honduras?

HNH plays a very important role as a nonprofit organization in Honduras, providing more than 15,000 medical consultations and dental services in remote areas where medical services aren't available. Every year HNH distributes free medicines and supplies and more than 700 children with chronic malnutrition are discovered. HNH has improved many houses through the concrete floors and the clean water options that are given to the families.

In addition, HNH continues to provide education to communities and its families in regards to clean water, preventing malnutrition, fortifying foods with vitamins, and helping children survive and thrive!

HNH is doing all of this with the support of many volunteers that generously donate money and time to continue sharing the blessings with the children and families in need!

On the behalf of the Healthy Niños staff and Board of Directors (in both Honduras and USA), I would like to say **THANK YOU!!!!** Thank you for working alongside of us as we continue to reach many people in need!

Dr. Herman is the Executive Director of Healthy Niños Honduras. He is a Honduran native who has spent his career in different organizations both in Honduras and USA bringing medical care to the most needy of Honduras.



Sending a Container of Donations to Honduras

Every year we set a goal to send a 40 ft shipping container to Honduras full of donations. It is a costly process, costing about \$10,000 in global expenses (shipping and customs included) and can be labor intensive, lifting and moving many boxes. But when we see the way the donations help so many people in Honduras we are encouraged to do it again.



(Above) Some donations are distributed to other non-profit organizations or public hospitals.

(Below) Other donations sent in the container are distributed in the poor, rural communities where HNH provides assistance.

The donations are always gladly accepted by all, as these products are not easily accessible in Honduras.



Help HNH send a container of donations to Honduras in October.

We are collecting donations (school supplies, health & hygiene items, small toys) to ship. See our website for our complete wish list.

We are also accepting financial donations to purchase a few items for the Nutrition Center and to help cover the cost of shipping. We appreciate any and all help towards this shipment!



Bringing Quality Dental Care to More People

For years Honduran dentists have been traveling with the mission teams to the communities to help with dental care. Unfortunately, when a community is in poor health, they often have poor dental hygiene as well. Most of the time the dentist was completing extractions as the person's teeth were not salvagable.

Recently HNH was gifted funds to purchase two portable dental units. Now when the mission teams travel to the communities, the dentist can fill cavities and complete dental cleanings even when there is no electricity or running water. See the picture to the right as a demonstration of the procedures we can now complete. We are grateful to give the chance for many to smile again!



If you are interested in helping us provide dental care to communities, please help us by funding the supplies we need to fill more cavities and complete more cleanings.



Checking Hemoglobin Levels

The mission teams participate in several stations while visiting the communities in Honduras. The communities members pass through the stations to get their deworming pills, vitamins, have their blood pressure checked and have the children weighed and measured to check if they are malnourished. In addition we check hemoglobin levels with a simple finger prick. However the system we were using can sometimes be difficult.

HNH was recently gifted with funds to purchase a portable, automatic hemoglobin test meter. We can quickly assess the patient and treat them for anemia if necessary. We plan to purchase more as we are able, to use in the communities.

Serving Others Because God Has Blessed Us.

I met the Benners when Dave & I were ministry partners in church planting in East Greenville in 1991. During those years, I learned about the work of MAMA Project and grew to appreciate what was being done for the people of Honduras.

I began working as the accounting volunteer around 2002, assisting with accounts payable, financials statements and reporting.

I have enjoyed working with Dr. Herman Sagastume since he began his work with MAMA and now Healthy Niños. My wife and I believe in serving others, because God has blessed us so much. The Bible calls us to respond to the needs of others. Over time I have come to appreciate and love the people of Honduras and want to assist them where I am able.

It has been my privilege to take four service trips to Honduras and see the staff I am working with and some people in villages we are helping. A side benefit is being able to eat some really ripe and juicy mangoes. I could also see pineapples and coffee being grown.

In light of my past interest and work, it seemed natural to join the Healthy Niños Honduras group to continue blessing people in Honduras.

Rich Moyer has served on the Board since 2004 and as the volunteer accountant since 2002. Rich is a retired Pastor but continues to work part-time as a parts deliverer for Bergey's. He & his wife, Fern, live in Green Lane. They have 2 grown daughters, Sheila & Ruby, and 2 granddaughters.



Help HNH continue to serve more families in Honduras!

Join us at the:

2nd Annual Banquet & Silent Auction

Saturday, November 9, 2019

**At Quakertown Christian School
50 E Paletown Rd, Quakertown, PA**

**Doors Open at 5:00pm
Hot Dinner Buffet at 5:30pm**

**RSVP Prior to October 27th: \$30/person
After October 27th: \$40/person**

Registration is now open!
Reserve your seat online at
www.HealthyNinos.org or by
contacting the HNH office.



If you have any items you'd like to donate towards the Silent Auction, please let us know.

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