



A Continuation of the work of MAMA Project in Honduras.

The mission needs to continue . . .

Honduras has a population of 9.1 million. The gross domestic product (GDP) in 2018 was \$4,542. Honduras has one of the most unequal distributions of income and resources on the world. The country is characterized by inequitable access to land where 72% of the families depend on agriculture, with either small parcels of land or work as laborers for a large land owner. Limited access to agricultural technology causes insufficient food production. Food insecurity and malnutrition among the most vulnerable are a product of poorly diversified diets and lack of nutritional awareness. This results in overlapping nutritional problems including stunting, mineral and vitamin deficiency, and obesity. Honduras also has a high level of unemployment. (Taken from: World Food Programme, *The State of Food Security & Nutrition in the World*, July 2020)

Hondurans deal with many challenges to lead a prosperous life in the normal, typical timeframe. With the COVID-19 pandemic, additional challenges are added for survival. Honduras already had a very deficient public health system which has now collapsed. Without access to technology, like wifi for children in remote areas, the educational system suffers further. Many companies fired personnel without any compensation.

HNH believes that **the mission needs to continue**. For safety reasons we are unable to send mission teams to Honduras right now. We truly believe it's the time for the Honduras staff to step in and go to serve the most remote areas, helping communities that do not get any assistance from others. Help us to **empower the staff to empower the community members!** With your support we'll be able to continue God's call.

With \$300 we can provide a mini brigade that includes a dentist, deworming pills, and vitamins for the community.

Or with \$1,000 we can send the Staff to complete a full community brigade with medical doctors, dentists, cementing floors, water filtration systems, and community education.

Even though your 2021 trip may have been cancelled, you can still help communities in Honduras! **Will you consider a donation so the HNH staff will be able to bring much needed help to the communities in 2021?**



Why do I choose to support Healthy Niños Honduras?

“Today we went to the local hospital. The hospital serves around 300,000 people and is out of Tylenol”. This is the first line of my journal entry on September 18, 2009. To say that my visits to Honduras changed the way I view and practice medicine is an understatement. I was a registered nurse during my first trip to Honduras. We drove miles up mountains on “medical brigades” where villagers would walk hours to come see us for de-worming medicine, vitamin A, nutrition packets, or to see a medical provider. While there were many prominent memories from this trip, the most prominent was a small girl who had broken her arm. She had a piece of corn husk loosely wrapped around the elbow with a bandana. The Staff brought her and her family to the clinic (hours away) for an x-ray and the next day to the hospital for a cast. The family had no transportation to get her to the clinic and no money to pay for the medical care. The organization paid for the care she needed to be able to use her arm for the remainder of her life.

I have not been back to Honduras since 2011 as I have since started my career as a nurse practitioner. I now run a palliative care program where myself and a group of nurse practitioners see patients in their homes, nursing homes, and inpatient settings who have chronic or serious illnesses. I think about Honduras often when I walk into a supply room, or prescribe a medication, and realize the differences in access to care.

Healthy Ninos Honduras is the first organization I think of when I consider donations for the year. In fact, in May of 2018, I got married. It was difficult for me to imagine spending large amounts of money on a dress I would wear for one night after my experiences in Honduras. Instead, I donated money I would have spent on a wedding dress to Healthy Ninos and made my own wedding dress. I have witnessed first-hand where this money will go and who it will help. It helps me to accept the fact that I have not been there in many years to help in person. I hope to go back there one day and use what I have learned in my career. I am grateful everyday for my experiences there and for God’s work being done through this organization.



Sheila Lill, MSN, APN,
ACHPN, Director of
Palliative Care Services at
Angelic Health, NJ.

***Thank you, Sheila, and to each person who donates to HNH
to help continue to provide assistance to families in need!***

Food Relief Effort

Covid-19 made the access to basic food to many rural communities in Honduras much more difficult than usual. Thanks to your donations, HNH was able to provide food to more than 5,000 people!! We continue to provide bi-weekly deliveries to communities in need.

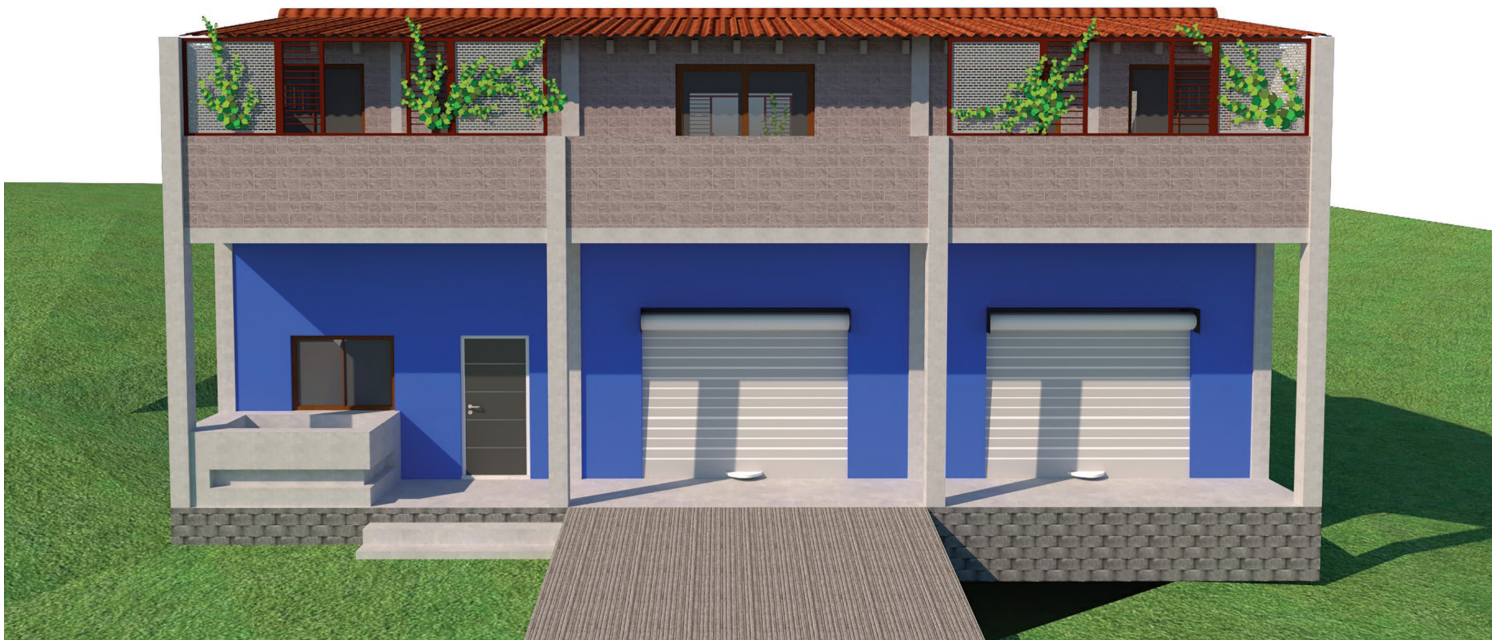
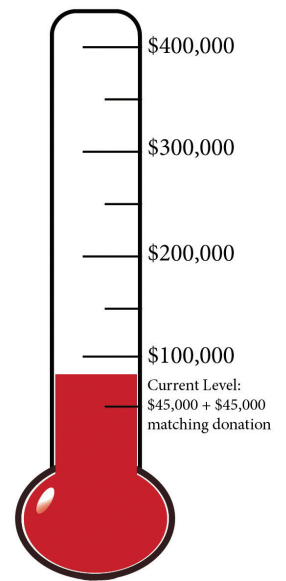


Warehouse Construction Starts Again!

Due to the pandemic, construction had to be delayed. But we will be starting again soon! With this project, HNH will be able to give much-needed work to local construction workers as well.

With the food relief program that HNH held over the past six months, we can see the importance of this project even more. With the warehouse, we will be able to store and then distribute even more donations more easily.

Our goal is to raise \$400,000 for the construction, water project, and operational expenses of the warehouse. HNH has been blessed with a matching donor up to the first \$200,000! The donation you make today will be doubled and help us reach more families and communities in need!



The lower level of the building will be 3,000 sq ft of warehouse space. A loading dock and drive-up ramp will allow donations to easily be unloaded as well as loaded for distribution.

The upper level of the building will be office space. This will alleviate the space in the Nutrition Center to be used for medicine temperature-controlled storage and for the educational building.



ANNUAL FUNDRAISING EVENT GOES ONLINE

Saturday,
November 14, 2020
7:00 PM



Join Us On:
Facebook or YouTube

Video Updates with
a Chance to Win Prizes!

Donations will be used
to provide brigades to
communities in Honduras!

For more information:
www.HealthyNinos.org
or on Facebook

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