



## COVID-19 Policy

**PURPOSE:** Healthy Niños Honduras (hereinafter referred to as HNH) continues to review international regulations for travelers and requirements of the local Honduran government. We want to do everything for the protection of the team members and respect of the communities we serve in Honduras as well as the HNH staff.

**RESPONSIBILITY:** By being a participant in one of the HNH mission trips you acknowledge the risks during this time and are assuming all of the responsibility and liability in regard your health and safety.

Team members are asked to abide by the following guidelines:

1. COVID-19 vaccination is highly recommended for all of the HNH mission trip participants.
  - In case of a fully vaccinated person getting COVID, vaccines prevent the development of major complications and hospitalizations.
  - Honduras's medical system is not the same as what we are used to in the USA and HNH wants to prevent someone from having to be hospitalized due to complications.
2. At the current time, Honduras customs requests a COVID-19 vaccination card or a negative PCR test to enter the county.
  - PCR Tests must be administered up to 3 days prior to the trip. Participants who test positive for COVID-19 must stay home.
  - If a participant needs to cancel their trip due to COVID, no refund will be provided for the payment of the Honduras expenses due to all supplies and food already purchased by that time.
  - A team member with a COVID-19 vaccination card does not need to test prior to the trip. However, if the participant is showing any symptoms of COVID, taking a test is suggested.
3. Honduras requires usage of masks in public places, including the airport.
  - Masks will be required at all times when team members are out in public.
  - Masks will be used when visiting the Nutrition Center. The children at the Nutrition Center have low immune systems due to fighting malnutrition and using a mask helps prevent spreading any sickness, such as COVID, flu, or the common cold.
  - Masks will be used when visiting the communities. For the same reason as the Nutrition Center, HNH does not want to spread sickness we may be carrying to the

communities. In the same way, the communities may be suffering from illness and HNH desires to protect the team members from that illness as well.

#### 4. Monitoring of Symptoms

- Team members should monitor symptoms and take a COVID-19 test if the symptoms resemble what could be the virus.
- Team members may be isolated and monitored as necessary.

#### 5. Hygiene & Clean Facilities

- Hygiene has always been one of HNH's top priorities. HNH recommends that team members wash hands and use hand sanitizer often.
- At the mission house and in community brigades, HNH will provide hand sanitizer.
- Avoid touching your nose, eyes and mouth with unwashed hands.

#### 6. Quarantine Protocol

- If a team member has a positive test during their time in Honduras, they will be isolated in a room designated by HNH staff.
- Medical personnel and HNH staff will monitor the patient daily.
- If respiratory issues begin and it is deemed necessary, hospital monitoring may be determined the best option. The team member will be responsible for hospital expenses, including providing the form of payment at entry, as required by the hospitals. The team health insurance may cover some costs; team member will submit all necessary paperwork and follow-up with insurance company upon return to the USA.
- As long as a positive COVID test is received, the team member will not participate in the team activities, including traveling to the communities, in an attempt to prevent the virus from spreading.