



A Continuation of the work of MAMA Project in Honduras.

Better Health for More Children and Hope for a Better Future



Mario's life was transformed because of the help he received at the Nutrition Center! Malnutrition is one of the main problems in developing countries, affecting mostly children under five, compromising their immune system and leading them to infectious diseases or death in many cases. Also many malnourished children grow up with physical or mental disabilities that forever limit their potential. The Nutrition Center in Honduras uses a very inexpensive low-cost program where children and families can recover in 1 to 3 months **with good medical care, good hygiene, nutritious food, and safe water.**



Mario, pictured left, is one of many examples of children who recovered from malnutrition. He came to the Nutritional Rehabilitation Center in July of 2017. He was 12 years old and had severe malnutrition. The Honduras staff immediately started to provide care to Mario and his family. At the beginning Mario didn't have energy but after a few weeks he began to recover. A couple of months later, Mario and his family returned to their home.

Recently the Honduran staff visited the family to see how they were doing and if they needed more help. Mario is now 17 years old and he works in a sugar plantation. **He and his mother are forever grateful with HNH.**

Mario's recovery motives us to keep helping as many families as we can. We know that Mario **will have a better life and brighter future.**

You are an important part in helping children like Mario!



Deworming Program

Intestinal parasites consume up to a quarter of a child's food that they intake. For a child who already eats very little, this can be devastating to their nutrition and growth. Healthy Niños has always participated in deworming medicine distributions, helping to rid people of their intestinal parasites. In addition, Healthy Niños has been able to network with other organizations to provide deworming pills for them to distribute as well.

We are very grateful for a recent donation of 500,000 tablets of Albendazole deworming medicines from The Worm Project.

This will help many people throughout the rural areas of Honduras!



A Dream Coming True: Update on the Warehouse Construction

For years we dreamed about having **space to receive and store donations easily**. We have been offered donations for food from area organizations and businesses but have had no way to store and distribute it easily. Being able to finally see this project to completion, has been wonderful.



As the construction continues and the second floor is being closed out, we start planning on our first donations that will leave from the warehouse. We see our ability to **help even more families with gifts of food, clothes, and other supplies**.

HNH gives thanks to all of you for your generous support. Our goal is to raise \$60,000 to finish all of the details including the water harvesting project that will be completed next.

Mobile Nutrition Center

With our facilities closed due to the ongoing pandemic, we implemented a Mobile Nutrition Center. The staff is visiting families who had been in the Center in the past or were going to come to the Center due to their children's nutrition state.

In the last few months we have been able to visit 11 communities. Out of the 162 children evaluated, sadly, **123 had some level of malnutrition**. We are able to **provide medical care, food, toys, shoes, and clothes**. In addition, the staff provides **short educational talks about healthy hygiene and eating habits**.

We will not give up in providing the help to the children and families in need. Your support allows us to continue this work!





Providing Concrete Floors in Homes

It may seem so simple but it is an important part of creating a healthy living environment. Concrete floors can be kept clean and are more sanitary for sleeping as well.

Thanks to generous support to this program, the staff and community leaders **work together to provide concrete floors for families in need.**



Food Relief Effort Continues

We began with this program as a result of the pandemic crisis and we **continue providing food to many families in need.**

We miss having our mission teams travel to Honduras but we have been able to use the mission house for the food bag assembly. We have been grateful at the continued amount of food we have been able to provide to the families due to your financial gifts!



We have a few partner organizations that continually provide additional assistance for us!

In Ian's Boots provides shoe donations, allowing us to give shoes to the remote communities.

Hands In Service provides various supplies and toys. The joy that a child expresses when he receives a toy is priceless!

THANK YOU!!



Thank you, Steve, for your service to Healthy Niños Honduras!

Steve Hackman served as Board Member from 2007 to 2020 as well as the Board Secretary from 2017 to 2020. His love for helping others showed through his service as he was passionate, motivated, and always gave 100% in any activity. Steve started the annual golf outing fundraiser and helped grow the organization through his visionary gifts.

On behalf the HNH board and the people in Honduras that you served with much love, we want to say thank you. May the Lord be with you in this new stage of your life.

Donate to Healthy Niños Honduras through the purchases you are already making!

When placing your order on Amazon, go to Amazon Smile on your web browser or mobile app, and select Healthy Niños Honduras as your donation charity. 0.5% of your purchase goes directly to HNH each time!



Do you have a credit card through Everence Federal Credit Union? Choose Healthy Niños Honduras as the charity organization to receive 1.5% of your transaction totals through their MyNeighbor program.



Check with your employer about a matching gift program! Your donation can sometimes be matched if given through them. Check today to see what is offered!

Christmas Fundraiser

Last Christmas Dr. David Kent and Jill Pulgar held a Christmas fundraiser to raise funds for the families in Honduras. Their christmas display raised almost \$2,000! We are grateful for the many people who help us continue our programs and for the creative fundraisers that are created to do so as well.



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